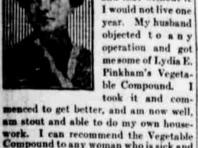
OHNNY" MACK DEAD.

aire Owner of White House bany Dies at Slater's Home. Mack, millionaire retired and for twenty-five years pro dr of the "White House," he most come gathering place of politicians in any, is dead of pneumonia at the politicians in the politicians of the pol

I**us**band objects TO OPERATION

Vife Cured by Lydia E. Pinkham's Vegetable Compound.

Des Moines, Iowa.-"Four years ago was very sick and my life was nearly spent. The doctors stated that I would never get well without an operation, and that without it I would not live one year. My husband objected to any



work. I can recommend the Vegetable ound to any woman who is sick and un down as a wonderful strength and salth restorer. My husband says I would have been in my grave ere this i thad not been for your Vegetable Compound." Mrs.BLANCHE JEFFER. Before submitting to a surgical opera-tion it is wise to try to build up the lemsle system and cure its derange-ments with Lydia E. Pinkham's Vege-

Sends Home a

\$100 Victrola and

\$10 in Records

A \$5 or \$10 payment will place a Victrola

in your home at once, balance in

Warerooms, 5th Ave. at 39th St.

Complete Stock of Victor Records from 60c Up

Victrolas from \$15 to \$500

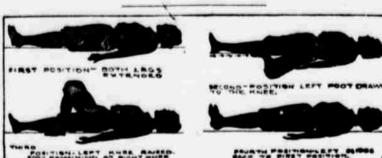
The May Manton Fashions

various demands made by the

Diet and Exercise Course For Women to Reduce

In Weight and Figure

Third Lesson Explains and Illustrates Another Mat Exercise, Designed to Limber and Strengthen Muscles in the Lower Part of the Body and at the Same Time Effect Reduction.



THE THIRD MAT EXERCISE, ILLUSTRATED. LESSON NO. 3:

In a course of twenty-four daily leasons Miss Furlong is presenting to Evening World readers the system of diet and exercise which she recently employed in reducing the weight of a 210-pound woman twentythree pounds in four weeks. Back numbers of these lessons may be obtained by sending a 2-cent stamp to Miss Fusiong for each lesson desired. Readers following the course are invited to correspond with Miss Furlong, who will reply through the columns of The Evening World.

By Pauline Furlong. Exercises for an all round reduction of flesh must be strenuous enough took it and com- to cause profuse perspiration in order to bring results, but this should not menced to get better, and am now well, be attempted until a person is well advanced in them and all of the dormant muscles have been limbered up by persistent

practice with the very mildest ones. The old, worn tissues are torn down through increased physical activity, and this must be built up with new and healthy material to take its place. We must depend entirely on proper and nourishing foods for this, otherwise serious complications may arise, and any idea that starvation is necessary in order to bring about reduction is not only absurd but really dangerous.

For to-day's lesson I am giving you another en-Compound; it has saved many from surgical operations.

the to the Lydia E. Pinkham beginners. Like the two preceding ones, shown Monday and Tuesday, it is most beneficial for limbering and strengthening the muscles in the lower it will be confidential.—Advt. part of the body and aiding in the reduction in this region.

TO-DAY'S EXERCISE.

Take your position lying flat on the floor or bed, with the legs stretched out straight, heels together, as illustrated. Bend the left leg at the knee out sideways and drag the left foot along the floor, bringing it up until the sole of the foot touches the inner side of the calf of the right leg. Repeat this exercise five times with the left leg and then do the same with the right. Return to original position after each movement and relax. After you have mastered this exercise proceed with the following, which is also a part of it: Start the exercise as before and after the foot has reached the knee, raise the knee until the foot is flat on the fleer, but do not move the foot from its position against the inner side of the leg. Repeat this second movement with each leg not more than five times during the first week of

TO-DAY'S MENU. For to-day's luncheon I am suggesting stewed apples, sweetened ith sweetens, broiled Spanish mack erel and hearts of lettuce with boiled dressing. For dinner you may have roast chicken, with dressing made from gluten bread, cranberry sauce, spinach with egg, asparagus salad on romaine, and a baked apple. To-

REDUCTION AND HEALTH AIDS. All of the eliminative organs, lungs, bowels, kidneys and skin must be kept active if we would retain health and bring the figure to normal, and as the skin is one of the most important of these a daily bath is most essential. OTHERS who are thinking of the

morrow I shall give another new ex-

ercise and two new menus.

OTTIERS who are thinking of the school commencement and of the and cleansing to the skin and general many functions will find this dress a most system, where a quick reduction is welcome one. It may be made with either the object, are not at all necessary a round or high neck and with short or where one is willing to take the long sleeves, consequently it could be course easily and through persistent adapted to a great many different occa- efforts gradually regain a normal fig-

sions. It is pretty for graduation or for any occasion of the sort and it could be utilized later for general wear. On the figure the skirt is made of flouncing, while the bodice bath is the very hot one, taken in a is of a plain material to match and the steaming hot bathroom, each night. ribbon girdle gives a note of color. Flounc- If hot, wet Turkish towels are ing providing its own finish, it always wrapped about the parts to be remeans the least possible labor for the duced (and renewed with others as making of any costume, but any plain material could be used for the entire skirt to minutes each plant and the state of the state of the skirt ten minutes each plant and the state of the if the edge of the skirt is finished or trim- ten minutes each night, and this is med in a suitable manner. The skirt is followed by a rub down with strong straight and may be either gathered or camphor spirits. A speedier reduction plaited by machine. The bodice may be will be noticed. Great care must be made with a pointed or with a straight taken after the hot baths to avoid catching cold, and they should be taken at night just before retiring. Always sleep in a room where a current of fresh air, but not a draught, is stirring. The rubber chin band, worn at night, aids in the reduction

> Corned beef hash with 'Eddys'' Sauce is tasty, nutritious and satisfying.

For soups, fish and meats. Delicatessen Stores, 10C At Grocers and

Made by E. Pritchard, 331 Spring St., N. Y

cause it holds the muscles of the jaws firmly and prevents the mouth from opening during the night.

Letters From Readers Who are Following the Course.

MINERAL OIL .- MRS. S. D.V. iks: "I have followed your course , in the paper and am glad to say it has been of great benefit to me in many ways. Will you please advise nie if mineral oil is fattening, as I hot towels and strong have been instructed by a physician to take it for constipation?" Mineral oil is not fattening; it lubricates the system, but as it is not assimilated it does not create fat. Practise the trunk raising exercise for constipa-

VICHY AND KISSINGEN.—MRS.
KATHERINE C. asks: "Should I take
the vichy and kissingen waters or
salts if they nauscate me and almost
make me vomit? It is the hardest
thing in the world for me to take KATHERINE C. asks: "Should I take the vichy and kissingen waters or salts if they nauseate me and almost

of the double chir and also induces them. I have already reduced twelve army and navy and Government offideep breathing through the nose, because it holds the muscles of the laws
them if they are disagreeable to you. or if they cause headache or any other unpleasant effects, as they sometimes do to certain persons.

> LARGE THIGHS .- M. L. D. writes I am a stenographer and my duties equire me to sit all day, which naturally causes me to become stout from my waist to knees. I simply cannot reduce my thinghs, though I have practised the leg circling, stair climbing, stationary running and other exercises for the past four weeks. Can you advise me! leg circling exercises and practise the new ones now being shown. Use the hot towels and strong camphor rubs

President and Mrs. Wilson Give First of Formal Dinners. WASHINGTON, Jan. 12.-The as ual Cabinet dinner was given in the State dining room of the White House



every package.



Stern Brothers

Women's Superior Quality Hosiery

TO-MORROW, AT THE FOLLOWING EXCEEDINGLY LOW PRICES:

Women's Hose of lisle thread, in black, white and tan,

Women's Hose of imported black lisle thread; also medium weight cotton hose; extra sizes, . pair Women's Hose of pure thread silk, 59c in black and colors; also shot effects,

Women's Hose of pure thread black silk, made with double tops and reinforced lisle lined soles, pair \$1.25

The Annual January Linen Sale

PROVIDES FOR TO-MORROW, AN ADVANTAGEOUS OFFERING OF

Heavy Irish Satin Damask Table Cloths in handsome floral and conventional designs, Regularly \$3.25, at \$2.50 2x2 yds, " \$3.95, at \$2.95 2x21/2" \$4.95, at \$3.75 2x3 "

Napkins, to match, 22x22 in, Regularly \$3.95 doz, \$2.95 \$4.75 doz. \$3.75 24x24 "

Huck Towels, with hemmed ends, Regularly \$3.50 a doz. . . at \$2.75

Huck Towels, damask borders; hemstitched; regularly \$4.50 doz. \$3.50

Turkish Bath Towels, extra large, hemmed ends; reg. \$3.75 a doz. \$2.75 Typed Glass & Pantry Towels,

Kirmanshah

SIZE WERE NOW

8x834 ft, \$175.00 138.00

7½x10¾ ft, \$295.00 165.00

834x11 ft, \$385.00 250.00

101/3x141/2ft, \$578.00 395.00

Regularly \$3.50 a dozen, at \$2.75 Bedspreads, Crochet, Regularly \$1.50, at \$1.25 Satin finish, Regularly \$3.25 \$2.50

Oriental and Domestic Rugs and Carpets

CONTINUATION OF THE PRE-INVENTORY SALE. AT MOST DECIDED PRICE CONCESSIONS.

Medium Size Oriental Rugs, - at \$24.50, 29.75, 39.75 and 49.50 including Irans, Serebends, Sarouks, etc.; Values up to \$70.00

Mahal SIZE WERE NOW 81/2x121/4 ft, \$135.00 \$98.00 9x1134 ft, \$165.00 115.00 91/2x12 ft, \$175.00 128.00 1014x17 ft, \$395.00 250.00 12x18 ft, \$498.00 395.00

Ghoerevan SIZE WERE NOW 9x111/2 ft, \$138.00 \$95.00 91/4x111/2 ft, \$158.00 115.90 91/2x131/2 ft, \$185.00 125.00 10½x13 ft, \$258.00 175.00

934x1834 ft, \$230.00 188.00 | 12x17 ft, \$625.00 458.00 Featured in the Domestic Department ace:

Highest Grade Wilton Rugs, Seamless Axminster Rugs,

9x12 ft., Values up to \$32.00, \$24.50 9x12 ft., Values up to \$65.00, \$49.50

Bigelow & Lowell Axminster Carpets, - yard \$1.35 and 1.75 cut from full rolls. Values up to \$2.25 a yard

42nd and 43rd Streets, West of Fifth Avenue

Clearance Sale of Winter Ready-to-Wear Garments for Women, Misses & Girls

A Course in

Physical Culture &

Body Training

Free to Women

Mme. Pratt, famous physical culturist, gives lectures and in-structions in body training

Daily, 2 to 4.30 P. M.,

in our Restaurant on the

Second Floor

You are invited to attend these

ectures, which if given privately

Becond Floor_

would cost at least \$50.00. A rare treat for every woman who wants to remain youthful.

This is the end-of-the-season clean-up at which time all Winter garments are disposed of at greatly reduced prices. All are our own regular goods nothing bought specially for this sale. While many of the lines are in broken sizes, the assortments are very extensive.

Sale All This Week

A Sale of Evening Slippers, Carriage Boots and Buckles, \$2.85 and \$1.65



January Sale of

Drugs and

Toilet Goods

All This . Week

This is one of the big fixed events of the store year, and pre-

sents extraordinary inducements

Toilet Articles, Household Drugs, Family Remedies, Soaps—Rubber Goods, Perfumes, Manicure Articles, Miscellaneous Articles, Miscellaneous Articles, Wirench' Ivory and Celluloid Goods.

A printed list of the offerings will

be handed you as you enter the

store or, upon request, will be

nailed to you postpaid.

Toilet Articles, Household

Evening slippers, chiefly of satin, in various evening shades, with quite a few of patent or black leather, handsomely trimmed; some with beaded vamps and buckles. Not all sizes in each style.

Part of these have been taken from our own \$2.98 and \$3.98 lines and added to a special purchase, all priced at \$2.85. Evening slippers, in a variety of styles; only a few pairs of each kind; taken from our own \$1.98 and \$2.98 lines and reduced to \$1.65. Odd lots, mostly small sizes.

Rhinestone and cut steel fancy buckles, reduced to close out. All

from regular stocks and all repriced as follows:
All our \$2.00 to \$3.00 buckles reduced to \$1.65
All our \$3.50 to \$7.00 buckles reduced to \$2.85

Introductory Sale of 1916 Model Adjustable Dress Forms, \$6.50

For a limited period we wil offer the "Acme" 12-section Adjustable Dress Forms at this price. "Acme" Dress Forms have been awarded the gold medal at the Panama-Pacific Exposition.

Made in Two Models

Style A-When closed is 32-inch bust measure, and may be adjusted to any size up

Style B-When closed is 36-inch bust measure and may be adjusted to any size up to

Independently adjustable at the neck, bust, waist, nips and skirt, easily reproducing the figure you require. Whether you do your own dressmaking or have it done at home, you will realize its many advantages. It quickly earns its cost by reducing to a minimum the work and worry incident to fitting.

When ordering by mail, please be sure to state which style is wanted. Price \$6.50.

Umbrellas Recovered, 74c

For this month only we will recover umbrellas with linen gloria, tape edge, for 74c. Recovered with gloria silk (mixture of silk-and-linen), \$1.29.

BETRANSFER TO BLOOMINGDALES' LEX. TO SO AVE ING

Our Magnifi-



Popular Sheet Music Latest Big Hits! Demonstrated DAILY

4,000 Bed Sheets

79c Bleached Sheets, size 81x90. No seams, heavy quality cotton; each. 50c

75c Table Covers

Size 58x60, made of a fine quality mercerized damask, with hemstitched edge; 50c

25c Turkish Towels

Extra large size, all first quality, very absorbent, hemmed ends; each...

Aprons

Bungalow in full sizes and assorted colors, of chambrays with cap to elastic belt neatly trimmed with fancy

79c value for. 39c

Cambric Drawers cular style, trimmed with fine oldery ruffle. Open closed. Full sizes. 19C

Men's Shirts, **49c** 89c & \$1 Values, Men's Fleeced and Ribbed

Underwear, 48c Value 69c A complete line of men's heavy Fleeced or Ribbed Shirts and Drawers; a good garment for men who want warmth. Specially priced

Men's Fleeced Un-derwear. Special, 39C Value 59c

Fleece lined Shirts and Drawers. Strictly first class. Sizes exact—34 to 46. Special price, 39c



WRITE FOR NEW CATALOGUE, long, mir-

5 Rooms cate mir OPEN MONDAY & SATURDAY UNTIL 10 P. M.

IT MAKES LITTLE DIFFERENCE WHAT YOU NEED-

A WORLD "WANT" AD WILL GO AND GET IS



over edge. In either case, it is arranged over a lining and the lower edge is left free. When the points are used, the ribbon girdle is adjusted between the lining and the bedice. In one of the small views is a suggestion for making the frock of crope de chine and plaiting the skirt and bodice. In another, white cotton voile is shown with a yoke making it high neck, and this yoke sipropriately can be of any pretty all-over lace or all-over embroidery. When material is used for the skirt the lower edge can be finished with a hem or with a hem and tucks by leaving a little extra length, or with a hem and rows of insertion above. If material is adapted to such treatment, the lower edge could be scalloped. Handkerchief lawn would be charming made in that way.

For the 12 year size will be needed 2% yards of embroidery 31 inches wide, with 1 yard of material 36, or 4 yards of material 36, or 4 yards of material 36, 3% yards 44 to make as shown in the small views.

The pattern \$938 is cut in sizes for girls from 8 to 14 years of age.

No. \$938—(With Basting Line and Added Seam Aliewance). Giris' dress, \$ to 14 years. Call at THE EVENING WORLD MAY MANTON FASHION BUREAU, Donald Building, 160 West Thirty-second Street (opposite Gimbel Bros.), corner Sixth Avenue and Thirty-second Street, New York, or sent by healt on receipt of ten cents in coin or stamps for each pattern ordered.

IMPORTANT—Write your address plainly and always specify size wanted. Add two cents for letter postage if in a hurry.

day's shopping.

Corset Covers